# Planet Youth 2018

## Youth and welfare

A survey of the lives and living conditions of young people

- Confidential -

PLANET GALLEN EVIDENCE BASED DRUG PREVENTION

#### To students

This booklet contains many questions which you are being asked to respond to. These questions concern your opinions on various issues, as well as different types of activities you are, or might be, involved in. You have probably never participated in a survey like this, but we still hope you can respond to these questions as conscientiously as possible, because your responses are very important. It is also important that you respond to the questions in a way which best describes your opinion. This is completely different from examinations, as no answers are more correct than others. The only important thing here is for your opinions to be made known.

Most of the questions have several options to choose your answer from, and you need to choose only one of them. Put an **X** in the box next to the answer you have chosen. Do not use a very faint pencil, and also, do not fill the box you have chosen completely. If you change your mind, the best thing to do is to completely erase the wrong answer or completely shade the box with the wrong answer, so that no white spaces can be seen. A few of the questions are such that no answers are provided, and you are requested to write your answer. In such cases, you must write very clearly, using capital letters, and put only one letter in each box. It is up to you to decide whether you will respond to each particular question, but we ask that you answer all questions to the best of your ability. If you feel that none of the answers provided to certain questions accurately describes your opinion or accurately suits you, choose the answer that you think is closest to the truth.

**This is an anonymous survey.** It will be impossible to trace your answers to you, in other words, no one you know, not your teachers, parents, acquaintances or friends, could ever access your personal responses. Make sure you *do not write your name or any personal identification details* on the questionnaire sheets or on the envelope provided with it. When you have finished answering all the questions, put the questionnaire in the envelope, seal it completely, and leave it on your desk. The envelopes will be collected when everyone has finished, all the questionnaires will be collected.

If you have any questions to ask about certain items, close your booklet and raise your hand. An employee or teacher will come to your desk with an unanswered version of the questionnaire to assist you without seeing your answers.

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With our kindest regards,

The research team

Planet Youth Galway
Planet Youth Mayo
Planet Youth Roscommon

# PLEASE READ CAREFULLY THE INSTRUCTIONS ON THE PREVIOUS PAGE BEFORE YOU BEGIN TO ANSWER THE QUESTIONS.

Answer each question by marking  $\boldsymbol{X}$  in the respective box

1.	Are yo	u male or female? ale Female
2.	Year o	<b>f birth?</b> (Choose only ONE option) 00
3.		school year are you in now? (Choose only ONE option) d Year
	What i	With (Choose only ONE option, the one that suits best)  I live with my mother and father equally  Mother but not father  Father but not mother  Mother and her partner  Father and his partner  Grandparent/s and mother/father  Only Grandparent/s and not mother /father  I live with friends  I live on my own  I live in a different arrangement (foster family, guardian etc.)  is the highest level of schooling your mother completed? (If you are mostly brought up by a nother you answer for her)(Choose only ONE option)  I don't know/doesn't apply
		Graduated from a university  Started university but didn't finish  Graduated from technical college or apprenticeship  Started technical college or apprenticeship but didn't finish  Graduated from secondary school  Started secondary school but didn't finished  Primary school or less

6. What is the highest level of schooling your father completed? (If you are mostly brought up by a fosterfather you answer for him) (Choose only ONE option, the one that suits best) I don't know/doesn't apply Graduated from a university Started university but didn't finish Graduated from technical college or apprenticeship Started technical college or apprenticeship but didn't finish Graduated from secondary school Started secondary school but didn't finished Primary school or less 7. What is the main occupation of your mother? (Choose only ONE option, the one that suits best) Mother works at home (takes care of the household) Mother works part-time Mother works full-time Mother works abroad Mother is unemployed Mother is disabled, not working Mother is studying Mother is studying and also working Don't know/doesn't apply 8. What is the main occupation of your father? (Choose only ONE option, the one that suits best) Father works at home (takes care of the household) Father works part-time Father works full-time Father works abroad Father is unemployed Father is disabled, not working Father is studying Father is studying and also working Don't know/doesn't apply

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9.	where	were you born? (Choose ONE op In Ireland	шон ан	ia w	пеп	ie an	SWE	1 111	tile	spac	es n	па	ppnes	to you	u)
		In another country													
10.	Were y	our parents born and raised in	this c	oun	try?	(Cho	oose	OI	NE	optio	n in	EAC		tegory es	) No
a)	Mothe	r was born in Ireland													
b)	Mothe	r was raised in Ireland													
c)	Father	was born in Ireland													
d)	Father	was raised in Ireland													
11.	Is Eng	lish spoken in your home? (Cho	ose onl	y Ol	NE oj	otion	)								
		Yes, only English													
		Yes, English together with a diffe	erent la	angu	ıage										
		No, only a different language													
12.	How w	rell off financially do you think ption)  Much better off	your f	ami	ly is	in c	om <sub>]</sub>	раі	riso	n to	oth	er fa	mili	<b>es?</b> (C	Choose only
		Considerably better off													
		A little better off													
		Similar to others													
		A little worse off													
		Considerably worse off													
		Much worse off													
13.	Which	religious community do you be Catholic	long t	<b>:o?</b> (0	Choo	se on	aly C	ON]	Е ор	otion)					
		Church of Ireland													
		Muslim / Islam													
		Orthodox													
		Baptist													
		An Independent or Autonomous	s churc	ch											
		Other													
		No Religion													

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14.	Do you go to school in the area you live No	in? (Choose	only ONE op	otion)		
15.	How good do you think you are at scho ONE option)	ol work, coı	npared to o	other people	your age? (C	hoose only
	Well above Excellent average Above ave	rage Ave	rage Below		ll below verage	Poor
16.	How many whole days have you been a option in EACH category)	bsent from	school duri	ing <u>the last 3</u> 0	<u><b>0 days</b></u> ? (Choo	ose ONE
a)	Because of illness		None	l day 2 days	s 3-4 days	5-6 days
b)	Because you mitched					
c)	For other reasons					
17.	How well do the following statements a	Applies almost always to me	? (Choose O Applies often to me	Applies sometimes to me	EACH categor  Applies occasionally to me	y) Applies almost never to me
a)	I find schoolwork pointless					
b)	I am bored with schoolwork					
c)	I am poorly prepared for classes					
d)	I feel I do not put enough effort into my schoolwork					
e)	I find schoolwork too easy					
f)	I find schoolwork too hard					
g)	I feel bad at school					
h)	I want to quit school					
i)	I want to change schools					
j)	I get on badly with the teachers					

18.	During the last 7 days, be category)	ow often	did you	do any	of the foll	lowing? (	Choose ON	NE option in	EACH
		Never	Once	Twice	3 times	4 times	5 times	6 times	7 times
a)	Stayed at home for a whole evening								
b)	Was outside after ten o'clock in the evening								
c)	Went outside and returned after midnight								
19.	How easy or hard would (Choose ONE option in EA			eceive tl	ne followi	ng from y	your <u>pare</u>	ents/guaro	<u>lians</u> ?
					Very difficu		ather ficult	Rather	Very
a) (	Caring and warmth							easy	easy
,	Falks about personal affairs	S				[			
,	Advice about schoolwork					[			
,	Advice about other issues (p	projects) o	of yours			[			
,	Support with other things	3 /	•			[			
20.	How easy or hard would option in EACH category)	l it be for	you to r	eceive tl	ne followi	ng from y	your <u>frier</u>	nds? (Choos	se ONE
	opaon in 22 test category)				Very difficu		ather ficult	Rather easy	Very easy
a)	Caring and warmth					[	_		
b)	Talks about personal affair	rs				[	_		
c)	Advice about schoolwork					[	_		
d)	Advice about other issues	(projects)	of yours	S		[	_		
e)	Assistance with things								
21.	How does the following	apply to	you? (Ch	oose ON	E option in Almost never		tegory) Sometimes	s Often	Almost always
a)	I spend time with my pare outside school hours during		ek						
b)	I spend time with my pare at the weekends	ents							

22.	Do your parents know v	where you spend S	Saturday eveni	ngs? (Choose o	only ONE	option)	
	Almost always	Often	Sometimes	Seldom	•	Almost	
23.	To what extent do the for EACH subcategory)	ollowing statemen	at apply to you:	"I feel safe	•• (Choos	e ONE opt	ion from
a) b)	at home at school	Almost never	Rarely	Sometimes	Ofi	een	Almost always
c)	in my neighbourhood						
24.	How do the following st	atements apply to	you? (Choose	ONE option in Applies very well to me	EACH ca Applies rather well to me	tegory) Applies rather poorly to me	Applies very poorly to me
a)	My parents find it imported to well with my schools						
b)	My parents set definite re I can do at home	ules about what					
c)	My parents set definite rule I can do outside the home						
d)	My parents set definite rule I should be home in the						
e)	My parents know who I a in the evening	am with					
f) g)	My parents know where My parents know my frie		gs				
h)	My parents know the par	rents of my friends					
i)	My parents often talk to of my friends	the parents					
j)	My parents and the pare sometimes meet to talk to	•					
k)	My parents follow what I spare time	I do in my					

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25.	25. How much do the following apply to you? (Choose ONE option in EACH category)											
		Always	Often	Neutral	Seldom	Never						
a)	My parents have friends that live close to our home											
b)	My parents know many of our neighbours by name											
c)	My parents sometimes visit some of our neighbours											
d)	My neighbours sometimes visit my parents											
e)	Sometimes we borrow things from our neighbours (e.g. milk or tools)											
f)	Our neighbours sometimes borrow things from us (e.g. milk or tools)											
26.	How likely or unlikely is it that your neighbours option in EACH category)	would do	somethin	ıg about it	<b>if?</b> (Cho	oose ONE						
	option in Exteri category)	Very likely	Rather likely	Neither	Rather unlikely	Very unlikely						
a)	the teenagers in the neighbourhood were mitching and hanging around											
b)	the teenagers were writing graffiti on houses in the area											
c)	the teenagers were rude to the adults											
d)	if a fight broke out in front of your house											
e)	somebody was breaking into a car or a house on your street											
27.	Please state if and to what extent the following as EACH category)	pplies to y	our situa	ation. (Cho	ose ONE c	option in Almost						
		never	Seldom	Sometimes	Often	always						
a)	My parents are poorly-off financially											
b)	My parents can't afford to have a car											
c)	My parents hardly have enough money to pay for necessities (e.g. food, housing, phone)											
d)	My parents do not have enough money to pay for the hobbies that I would most like to participate in (e.g. sports or music)											

+ 28. How do the following statements apply to you? (Choose ONE option in EACH category) Strongly Agree Disagree Strongly agree somewhat somewhat disagree Sometimes it is necessary to smoke cigarettes in order not to be left out of the peer group Sometimes it is necessary to drink alcohol in order not to be left out of the peer group Sometimes it is necessary to smoke cannabis in order not to be left out of the peer group Sometimes it is necessary to mitch classes in order not to be left out of the peer group 29. How many hours do you sleep on average every night? (Choose only ONE category) More than About About About About Less than 9 hours 9 hours 8 hours 7 hours 6 hours 6 hours 30. How well does the following describe your mood in the last week? (Choose ONE option in EACH category) Never or Often almost never Seldom Sometimes I was easily annoyed or irritated b) I experienced outbursts of anger that I could not control

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I wanted to break or damage things

I yelled at somebody or threw things

I had a row with someone

31. How do the following statements apply to you? (Choose ONE option in EACH category) Verv Rather Rather Not well well poorly at all When I think about how I will look in the future, I am pleased I most often think that I am ugly and unattractive I am happy with my body d) I am happy with the physical changes that have taken place in my body during the past few years e) I feel physically strong and healthy I am content with my life I am happy 32. Below are statements about feelings and thoughts. Please choose what best fits your experience of each over the last 2 weeks. None of Some of All the time Rarely the time Often the time I've been feeling optimistic about the future I've been feeling useful I've been feeling relaxed d) I've been dealing well with problems I've been thinking clearly I've been feeling close to other people I've been able to make up my mind about things 33. How would you rate your physical health? (Choose ONE option only) Very good  $\operatorname{Good}$ Moderate Bad Very bad **34. How would you rate your mental health?** (Choose ONE option only)

Moderate

Bad

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Very bad

+

Good

Very good

+ + +

35.	<b>To what extent do you agree or disagree with the following statements?</b> (Choose ONE option in									
	EACH category)	Strongly agree	Agree somewhat	I don't know	Disagree somewhat	Strongly disagree				
a)	I can break most rules if they don't seem to apply to me									
b)	I follow whatever rules I want to follow									
c)	In fact there are very few absolute rules in life									
d)	It is difficult to trust anything, because everything changes									
e)	In fact nobody knows what is expected of them in life									
f)	One can never be certain of anything in life									
g)	Sometimes one needs to break rules in order to succeed									
h)	Following rules does not ensure success									
36.	How often did you feel any of the following ment (Choose ONE option in EACH category)		Never or							
<b>36.</b> a)				mforts i	Sometimes	Often				
,	(Choose ONE option in EACH category)		Never or							
a)	(Choose ONE option in EACH category)  Nervousness		Never or							
a) b)	(Choose ONE option in EACH category)  Nervousness  Sudden fear for no apparent reason		Never or							
<ul><li>a)</li><li>b)</li><li>c)</li></ul>	(Choose ONE option in EACH category)  Nervousness  Sudden fear for no apparent reason  I felt tense		Never or							
<ul><li>a)</li><li>b)</li><li>c)</li><li>d)</li></ul>	(Choose ONE option in EACH category)  Nervousness  Sudden fear for no apparent reason  I felt tense  I was sad or had little interest in doing things		Never or							
<ul><li>a)</li><li>b)</li><li>c)</li><li>d)</li><li>e)</li></ul>	(Choose ONE option in EACH category)  Nervousness  Sudden fear for no apparent reason  I felt tense  I was sad or had little interest in doing things  I had little appetite		Never or							
a) b) c) d) e) f)	(Choose ONE option in EACH category)  Nervousness Sudden fear for no apparent reason I felt tense I was sad or had little interest in doing things I had little appetite I felt lonely		Never or							
a) b) c) d) e) f)	(Choose ONE option in EACH category)  Nervousness  Sudden fear for no apparent reason  I felt tense  I was sad or had little interest in doing things  I had little appetite  I felt lonely  I cried easily or wanted to cry		Never or							
a) b) c) d) e) f) h)	(Choose ONE option in EACH category)  Nervousness Sudden fear for no apparent reason I felt tense I was sad or had little interest in doing things I had little appetite I felt lonely I cried easily or wanted to cry I had sleeping problems		Never or							
a) b) c) d) e) f) h)	(Choose ONE option in EACH category)  Nervousness Sudden fear for no apparent reason I felt tense I was sad or had little interest in doing things I had little appetite I felt lonely I cried easily or wanted to cry I had sleeping problems I felt sad or blue		Never or							
a) b) c) d) e) f) h) i)	(Choose ONE option in EACH category)  Nervousness Sudden fear for no apparent reason I felt tense I was sad or had little interest in doing things I had little appetite I felt lonely I cried easily or wanted to cry I had sleeping problems I felt sad or blue I was not excited about doing things		Never or							

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**37. Does any of the following apply to you?** (Choose ONE option in EACH category) Yes No Has somebody told you that he/she was thinking about suicide? Has anyone of your acquaintance or anyone else you are familiar with attempted suicide? Has anyone of your acquaintances or anyone else you are familiar with died by suicide? Has any of your friends or someone else close to you ever tried to attempt suicide? Has any of your friends or someone else close to you ever died by suicide? f) Have you ever thought about completing suicide? Have you ever seriously considered completing suicide? Have you ever told anyone that you were thinking about completing suicide? i) Have you ever made an attempt to complete suicide? Have you made an attempt to complete suicide during last 6 months? 38. During your lifetime have you thought about harming yourself on purpose (such as scratching, cutting, burning, preventing wounds from healing, punching) Once Twice 2-4 times 5 times or Never in lifetime in lifetime in lifetime more often 39. During your lifetime have you harmed yourself on purpose (such as scratching, cutting, burning, preventing wounds from healing, punching) Once Twice 2**-**4 times 5 times or Never in lifetime in lifetime in lifetime more often

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<b>40.</b>	Have you experienced	any of the following?	(Choose as many	OPTIONS as a	apply to you in E	ACH
	category)					

		Yes, during last 30 days	Yes, during last 12 months	Yes, more than 12 months ago	NO
a)	A serious accident				
b)	A severe illness				
c)	A separation or divorce of your parents				
d)	A serious argument with your parents				
e)	Witnessed your parents having a serious argument				
f)	Witnessed <u>physical</u> violence in your home where an adult was involved				
g)	Witnessed <u>psychological</u> violence/abuse in your home where an adult was involved				
h)	Been involved in physical violence in your home where an adult was involved				
i)	The death of a parent or sibling				
j)	The death of a friend				
k)	A break up with a girlfriend/boyfriend				
1)	Been rejected by your friends				
m)	A separation from a friend				
n)	Received an exceptionally low grade				
0)	Father or mother lost a job				
p)	Been dismissed from class or sent to the principal's office				
q)	Been expelled from school				
r)	Experienced sexual abuse (victim)				
s)	Experienced sexual abuse where an adult from the family was involved				
t)	Experienced sexual abuse where an adult from outside the family was involved				

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41	41. How do the following statements apply to you? (Choose ONE option in EACH category)									
11.	Trow up the following statements apply to you. (Choose C	Applies very well to me	Applies rather well to me	Applies rather poorly to me	Applies very poorly to me					
a)	I feel that I am worth at least as much as other people									
b)	I feel that I have number of good qualities									
c)	I am inclined to feel that I am a failure									
d)	I am able to do things as well as most other people									
e)	I feel I do not have much to be proud of									
f)	I take a positive attitude towards myself									
g)	On the whole I am satisfied with myself									
h)	I wish I had more respect for myself									
i)	At times I think I am no good at all									
j)	I certainly feel useless at times									
	How much do you agree with the following statements?	Strongly	Agree	EACH cate Disagree somewhat	gory) Strongly disagree					
a)	There is a great deal of social life available in my neighbourhood/community									
b)	It is good to live in my neighbourhood/community									
c)	In the future I would like to continue to live in the neighbourhood/community that I live in now									
d)	In the future I would like to move to another city/town in my country									
e)	In the future I would like to move abroad									
43.	Have you, during the last 12 months? (Choose ONE option	on in EACH o	category)	Yes	No					
a)	moved to a different neighbourhood/community									
b)	changed schools									

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44.	Have you, during the last 5 years? (Choo	ose ONE o	option in E	EACH categ	gory)		
		Never	Once	Twice	Three times	Four times	Five times or more
a)	moved to a different neighbourhood/community						
b)	changed schools						
45.	. How well do the following statements app	oly to you	ı? (Choose	e ONE opti	on in EAC	H category)	
				Applies to me very poorly	Applies to me rather poorly	Applies to me rather well	Applies to me very well
a)	I believe in god						
b)	My faith is important to me						
c)	I pray to god on a regular basis						
d)	I regularly read the scriptures of my faith						
e)	I regularly attend religious services						
f)	I regularly take part in religious activities other than services						
g)	I would be able to get support from god if I needed it						
h)	I have sought support from god when I have needed it						
$\mathbf{i})$	My best friends are religious						
j)	Most of my acquaintances are religious						
k)	My mother (foster/stepmother) is religious						
1)	My father (foster/stepfather) is religious						

46. How much, if anything, do you drink of the following drinks every day? (Choose ONE option in EACH category) I do not One Two Three Four Five Six or drink it more cups cup cups cups cups cups Coffee b) Tea Two One Three Four Five Six or I do not cans cans cans cans cans more cans /bottles drink it /bottles /bottles /bottles /bottles /bottles Cola drinks (like Coke, Pepsi etc.) d) Energy drinks that contain caffeine (like: Red bull, Monster, etc.) 47. Do any of the following people smoke tobacco on a daily basis? (Choose ONE option in EACH category) Doesn't Yes No apply Father b) Mother Sibling (one or more) Best friend 48. How often have you smoked cigarettes in your lifetime? (Choose only ONE option) 1-2 3-5 6-9 10-19 20-39 40 times Never times times times times times or more 49. How many cigarettes, on average, have you smoked in the last 30 days? (Choose only ONE option) None Less than one cigarette per week Less than one cigarette per day 1-5 cigarettes per day 6-10 cigarettes per day 11-20 cigarettes per day More than 20 cigarettes per day

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50	How often, if ev	ver have vou s	moked elect	ronic ci	rarettes	(e-cigarett	ta) in vou	r lifatime	? (Choose
50.	only ONE option)	ci, nave you s	mokeu eleci	Tome Ci	garettes	(c-cigai cti	ic) iii you	ı metmi	. (CHOOSE
	,	1-2	3-5	6-	9	10-19	20-	-39	40 times
	Never	times	times	tim	es	times	tin	nes	or more
51.	How often have	you smoked e	lectronic ciş	garettes,	on aver	age, <u>durin</u>	g the last	30 days?	(Choose
	only ONE option)		<b>T</b>		_	0.10		20	3.6
		Less than	Less	l tim		6-10 times	11- tin		More than 20 times
	Never	once per week	than once per day	per o		per day	per		per day
					iay				
<b>.</b> 0	0 1	10							
52.	How often have <u>lifetime</u> ? (Choos			tobacco	or other	tobacco ii	nserted ii	n mouth i	<u>in your</u>
	. (5.200	1-2	3-5	6-	9	10-19	20-	-39	40 times
	Never	times	times	tim	es	times	tin	nes	or more
53.	How often <u>have</u> last 30 days? $(C$			<u>tobacco</u>	or other	tobacco i	nserted i	n mouth	during the
		1-2	3-5	6-	9	10-19	20-	-39	40 times
	Never	times	times	tim	es	times	tin	nes	or more
<b>54.</b>	How often have	you used a <u>bo</u>	ng? (Choose	ONE opti	on in EA	CH category	y)		
				1-2	3-5	6-9	10-19	20-39	40 times
			Never	times	times	times	times	times	or more
a)	In your lifetime								
	•	0.1-							
b)	During the last 3	0 days							
<b>55.</b>	How often have	you used the f	ollowing <u>in</u>	your life	<u>time</u> ? (C	Choose ONI	E option in	EACH ca	tegory)
				1-2	3-5	6-9	10-19	20-39	40 times
			Never	times	times	times	times	times	or more
a)	Ritalin, Concerta	*							
	(or other ADHD that has been pre	,	ı						
b)	Ritalin, Concerta		-						
D)	(or other ADHD	·							
	without a prescri	,						Ш	

56.	How often have you consumed any of the following beverages <u>during the last 30 days</u> ? (Choose ONE option in EACH category)											
		Never	1-2 times	3-5 times	6-9 times	10-19 times	20-39 times	40 times or more				
a)	Beer											
b)	Alcopops (alcoholic soft drinks)											
c)	Wine											
d)	Spirits											
<b>57.</b>	How often have you had a drink	s of alcoho	ol of any	kind? (Cl	noose ONI	E option in	EACH cat	regory)				
		Never	1-2 times	3-5 times	6-9 times	10-19 times	20-39 times	40 times or more				
a)	In your life time											
b)	During the last 30 days											
58.	8. How often have you got drunk? (Choose ONE option in EACH category)											
		Never	1-2 times	3-5 times	6-9 times	10-19 times	20-39 times	40 times or more				
a)	In your life time											
<b>b</b> )	During the last 30 days											
59.	How often, if ever, have you had in an hour or less? (Choose only of			alchohol	drinks (e	.g. beer, v	vine, spir	its, shots)				
	1-2	3-5	6-9		10-19		-39	40 times				
	Never times	times	tim	es	times	tin	nes	or more				
60.	How often, if ever, have you had in an hour or less? (Choose only of			lchohol d	lrinks (e.	g. beer, w	ine, spiri	ts, shots)				
	1-2 Never times	3-5 times	6-9 times		10-19 times	20-39 times		40 times				
				Co				or more				

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### $\textbf{61. Do you drink alcohol in the following places?} \ (Choose \ ONE \ option \ in \ EACH \ category)$

		Never	Seldom	Sometimes	Often
a)	In your home				
b)	In someone elses home				
c)	In the shopping centre				
d)	Outdoors: for example in the street, in a park, field etc.				
e)	In a pub or club				
f)	At a disco				
g)	On a school tour, daytrip or concert				
h)	In a youth club/centre				
i)	During training, rehearsals, or camps				
i)	Elsewhere				

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62.	How often (if ever) have you use category)	ed any of the following drugs? (Choose ONE option in EACH						
		Never	1-2 times	3-5 times	6-9 times	10-19 times	20-39 times	40 times or more
a)	Over the counter sleeping pills or tranquillisers							
b)	Cannabis (hashish or marijuana)							
c)	Amphetamines (speed)							
d)	LSD (acid)							
e)	Ecstasy (E-tablets)							
f)	Cocaine							
g)	Heroin							
h)	Relevine							
i)	Mushrooms							
j)	Sniffing (e.g. glue)							
k)	Anabolic steroids							
1)	Homemade brews/poteen							
k)	Herbal/organic drugs							
n)	Laughing gas							
0)	Headshop drugs							
p)	Opioid drugs without a doctor's prescription (for example, Codeine, Morphine, Methadone, Fentanyl, Oxycontin, Hydrocodone and others)'							
q)	Khat							

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63.	At what age (if ever) did you do a EACH category)	ny of the	e follow	ing <u>for the</u>	first tim	<u>re</u> ? (Choose	e ONE op	tion in
			Never	11 years or younger	12 years	13 years	14 years	15 years o older
a)	Had a drink of alcohol			,			,	
b)	Got drunk							
c)	Smoked a cigarette							
d)	Smoked cigarettes daily							
e)	Used cannabis (hash/marijuana)							
f)	Smoked e-cigarette							
g)	Used snuff, Chewing tobacco or other tobacco inserted in mouth							
64.	How often (if ever) have you don option in EACH category)	e any of	the follo	owing <u>duri</u> 2-5	<b>ng the la</b> 6-9	st 12 mor	nths? (Cho	oose ONE
		Never	Once	times	times	times	times	or more
a)	Stolen something worth <u>less than</u> €20							
b)	Stolen something worth more than €20							
c)	Used physical violence in order to rob/steal							
d)	Broken into a building or a car to steal							
e)	Damaged or vandalised things that did not belong to you							
f)	Committed another offence							

65. How do you think your parents would react if you did any of the following? (Choose ONE option in EACH category) Very Α Thev Totally bit would much against against against not care If you smoked cigarettes b) If you got drunk If you smoked cannabis d) If you smoked e-cigarettes e) If you used snuff, chewing tobacco or other tobacco inserted in mouth 66. Please answer the following questions as they apply to you. (Choose ONE option in EACH category) 2-5 6-9 10-13 14-17 18 times Never Once times times times times or more Have you been a victim of physical violence during the last 12 months? Have you caused physical violence during the last 12 months? c) Have you been a victim of sexual violence during the last 12 months? d) Have you caused <u>sexual</u> violence during the last 12 months? 67. How often, if ever, during last 12 months have you: 3-4 5 times or more often Never Once Twice time Been a part of a group teasing anyone? Been a part of a group physically hurting anyone? Been a part of a group starting a fight with another group? d) Been teased by a group? Been attacked by a group? Been in a group that was attacked f)

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by another group?

68. How often, if ever, during your lifetime has the following happened? 3-4 5 times or Never Once Twice time more often You have SENT nasty or degrading messages to a group or an individual using social media? You have RECEIVED nasty or degrading messages from a group or an individual through social media? 69. How often have you done the following during the last 12 months? (Choose ONE option in EACH 2-5 6-9 10-13 14-17 18 times Never Once times times times or more times Punched somebody Knocked somebody over b) Kicked somebody Hit/slapped somebody Held somebody by their neck Threatened somebody f) with violence 70. How many of your friends do you think have done the following during the last 12 months? (Choose ONE option in EACH category) None Most Almost all A few Some Stolen something worth more than €20 Broken into a building or a car in order to steal Damaged or vandalised things that did not belong to them 71. How many of your friends do you think do the following? (Choose ONE option in EACH category) None A few Some Most Almost all Smoke cigarettes Drink alcohol (beer, wine, or spirits) Become drunk at least once a month c) Smoke hash or marijuana Pick fights or look for fights

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72. The following questions are about sports and aerobic activities (Choose ONE option in EACH category) 3 times 4-6 times Almost Once Twice Almost a week a week a week a week every day never How often do you participate in sports and physical training in school, outside the compulsory classes (P.E. Class)? b) How often do you engage in sports (practice or compete) with a sports club/team? c) How often do you exercise or practice sports, outside school and outside a club/team? d) How often do you exert yourself physically so you exhaust yourself or sweat? 73. Do you take part in any organised recreational- or extracurricular activities? (Choose only ONE 4-6 times Almost Once Twice 3 times Almost never a week a week a week a week every day 74. In the past week, on how many days have you done a total of 60 min or more of physical activity, which was enough to raise your breathing rate? (Choose only ONE option) This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places. Almost Never Once Twice 3 times 4-6 times every day

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<b>75.</b>	75. How much time on average to you spend each day on the following activities? (Choose only one										
	option)	Almost no time	1/2 to 1 hour	About 1 hour	About 2 hours	About 3 hours	About 4 hours	About 5 hours	6 hours or more		
a)	Watching shows, movies or videos										
b)	Playing videogames										
c)	On social media (e.g. Snapchat, Instagram, Messenger, Facebook, etc.)										
d)	Using the internet for other than social media or videogames (e.g. readin schoolwork)	ıg, 🗌									
76.	76. How often has the following happened? (Choose only one option)										
a)	You sent a nude(s) of your someone through social m		Never	1-2 times	3-5 times	6-9 times	10-19 times	20-39 times	40 times or more		
b)	You asked someone to sen a nude(s) through social m										
c)	You have been asked to se a nude picture through social media	end a									
77.	<ul> <li>77. On a scale from 1 to 5 where 1 means no attraction and 5 means a strong attraction. (Choose one option in EACH category that applies best to you)</li> <li>Where would you place yourself on a scale measuring sexual attraction to the opposite sex?</li> <li>No</li> </ul>										
	attraction 1	2		3		4	5		action		
	Where would you place your	rself on a s	scale meas	uring sex	ıal attracti	ion to the <u>s</u>	ame sex?	~			
	No attraction 1	2		3		4	5		rong action		

Municipality serial code: 00000001 upwards (8 digits)

Please put the questionnaire in the envelope, seal it and return to the teacher / supervisor.

All questionnaires will be destroyed after the data entry.

We thank you very much for your participation.

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